

Vitamin and Protein Supplements Test

- True False 1. Roux-en-Y Gastric Bypass is both malabsorptive and restrictive.
- True False 2. Malabsorption is not typically a problem after laparoscopic adjustable band.
- True False 3. I understand that I am expected to keep food diaries because they help assess nutritional problems, protein/vitamin intake or disordered eating behaviors.
- True False 4. I can expect lab work done at least annually for the rest of my life, and it is my responsibility to have this done as directed.
- True False 5. I understand the importance of protein to health and recognize poor protein intake could lead to hair loss.
- True False 6. The malabsorptive and restrictive nature of gastric bypass predisposes me to protein and vitamin deficiencies.
- True False 7. I agree to take B-complex and chewable calcium as directed daily.
- True False 8. Attention to protein and vitamin supplement begins before surgery and continues for life.
- True False 9. I agree to take thiamine supplements along with a quality multivitamin each day as directed by my healthcare team.
- True False 10. Some patients are protein/vitamin challenged before surgery, and therefore dietary education and nutritional changes must occur even before surgery.
- True False 11. It is my responsibility to ask questions when I am uncertain about vitamins and protein supplements.
- True False 12. I understand that if I fail to accept my responsibility for care as directed by the team, I could be terminated from care.

Date

Time

Signature of Patient or Authorized Representative

- The Patient/Authorized Representative has read the entire form or had it read to him/her.
- The Patient/Authorized Representative has express understanding of this form.
- The Patient/Authorized Representative has no further questions.

Date

Time

Witness Signature

